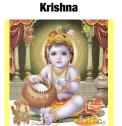
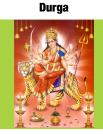
SANATAN HINDU SANSKAR KENDRA

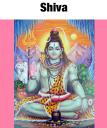
Sita Ram



Ganesh







Sanatan Hindu Sanskar Kendra

PO Box 80362, Lafayette, Louisiana - 70598 Email: shskendra@gmail.com, Website: sanatanlft.org Tax Id: 46-2580905

How to Perform Varalakshmi Vratam?

The second Friday of the month of Sravanam has great significance. The holiest of all - Varalakshmi Vratam is performed on this auspicious day by married women. It is believed to grant long life to their husbands, and great riches to their families.

On the day of Varalakshmi Vratam, wake up early in the morning. Take a shower and arrange the things to perform the pooja. Decorate the peetham with kolam or muggu after applying haldi paste to it. Place Goddess Lakshmi's photo on it. Put kalasam in front of the deity and arrange thoralu, akshatalu, turmeric Ganapati, flowers, fruits etc there.

How to prepare thoram?

Make a five or nine threaded thorams with white color cotton thread and apply haldi paste to it. Make five or nine knots to it, place them near the puja peetam.

Things needed for the Varalakshmi puja:

turmeric powder, kumkuma powder, red blouse piece-1, sandal paste, flowers, fruits, betel leaves, betel nuts, white thread to make thorams, coconuts, lamps, ghee to light the lamp, camphor, incense sticks, rice, and chana.

Varalakshmi Vratha Katha (Legend or Story of Varalakshmi Vratram)

Varalakshmi Vratha is observed on the Second Friday of the Shravan month. Charumathi, a Brahmin woman lived in a town, Kundina. She was very humble and kind in her nature. She was very much devoted to her husband and family. One night, Goddess Lakshmi appeared in her dream and told her to worship Varalakshmi and seek her blessings. Goddess Lakshmi also explained the Vrata procedure and the best day to observe Varalakshmi Vrat. Lakshmi asked Charumathi to observe Varalakshmi Vrata on the Second Friday of Shravana Month.

Charumathi informed about the dream to his husband and family. She also told to her friends and the word spread throughout the town. On the Second Friday of Shravan Month, Charumathi along with her family, friends and the women of the town observed Varalakshmi Vrata. They worshipped Varalakshmi with utmost devotion and offered special recipes and fruits to please her. Goddess Varalakshmi appeared before them and granted boons to all of them. Their houses were filled with grains, diamonds, jewels and gold. They all lived happily in their rest of life. Since the time, women have begun observing Varalakshmi Vrata every year on the specific Friday.

A full copy of the pooja vidanam can be found in our website (<u>www.sanatanlft.org</u>)

- http://varalakshmivratham.blogspot.com/



July Important Dates

Based on Lafayette, Louisiana, US Time	
08 Tuesday	Devshayani Ekadashi
12 Saturday	Guru Purnima
16 Wednesday	Karka Sankranti
22 Tuesday	Kamika Ekadashi
29 Tuesday	Hariyali Teej
31 Thursday	Nag Panchami

August Important Dates

Based on Lafayette, Louisiana, US Time	
08 Friday	Varalakshmi Vrat
16 Saturday	Janmashtami
29 Friday	Ganesh Chaturthi

For more details please refer DrikPanchang.com

SHSK Updates Land Closing - July 15th Bhumi Puja - September 6th



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